





# Nibbles

Mozzarella dippers |6| V

with sweet chilli dip

### Tempura cauliflower wings |7| V

Crispy batter cauliflower with celery sticks and a sweet and spicy dipping sauce

### Calamari |8|

Fresh squid rings dusted in seasoned flour and fried served with aioli and lemon

### Sweetcorn ribs |5| VE

Roasted corn marinated in oregano, smoked paprika and garlic, served with a lime wedge

## Fried chicken drumsticks |7|

Loaded with mayo, spring onion and chilli and honey sauce.

# Salads

## Caesar |12| GF\*

Romaine lettuce, herb croutons, Caesar dressing, white anchovies and grated Grana Levanto cheese Upgrade with grilled chicken [4] GF

## FHG Summer Salad |12|GF VE

Romaine lettuce, courgette ribbons, red onion petals, cucumber, tomato, pinenuts. Dressed with an orange vinaigrette Upgrade with grilled chicken **|4| GF** 











# From the grill

All served with dressed lettuce and chips or roasted new potatoes. Upgrade to sweet potato fries |1|

8oz Sirloin |22| GF 10oz Ribeye |26| GF 8oz Flat iron |18| GF 8oz Home-cured bacon chop |18| GF Add fried free-range eggs |3| GF Add pineapple |2| GF Vegetable skewer with honey and chilli sauce |14| GF; VE\* Locally landed fish fillet |18|GF Fresh local fish, please ask your server for details

Add garlic king prawns to your dish |8| GF\*

**Cauliflower steak |16|** *GF; VE* served with spinach, butter beans and almond pesto

Add one of our delicious home-made sauces or flavoured butters

House barbeque |3| GF; VE

Garlic & herb butter |2| GF; V

Peppercorn sauce |4|

Cajun butter |2| GF; V

Red wine jus |3| GF

The beef we use is sourced from Pembrokeshire, Carmarthenshire and Ceredigion farms under the Landsker brand and aged for a minimum of 21 days. Our fresh chicken is from Capestone farm in South-West Pembrokeshire. Our bread flour is sourced from Y-felin flour mill in St Dogmaels, Pembrokeshire www.y-felin.com











## **Burgers**

Choose from a 6oz Landsker beef patty, Moving Mountains plant-based patty *vE* or our signature coated Capestone chicken breast *GF*\*, with lettuce, tomato and pickles. Served in a brioche bun, gluten free and vegan buns are available. All burgers are served with chips or roasted new potatoes, upgrade to sweet potato fries for [1]

## House Burger |14|

Keeping it simple, burger and garnish

### Upgrade your burger with...

Smoked streaky bacon **|3|** GF Grilled halloumi **|4.5|** GF V Monterey Jack cheese **|2|** GF V Flat mushroom **|3|** GF VE Extra Landsker beef patty **|4.5|** Moving Mountains plant-based patty **|4.5|** VE Bluestone fried chicken **|4.5|** GF\*

### Or try one of our signature burgers

### Sweet and spicy |17|

Sticky Korean fried chicken with cooling mayonnaise

### The Veggie |14|

Romesco sauce and roasted flat mushroom

### Garlic beef |16|

6oz beef patty with aioli and soused onions

### Burger of the week |18|

Please ask a member of staff for details











# Mains

Hotdogs are served with chips or roasted new potatoes Upgrade to sweet potato fries |1|

### Beechwood smoked hot dog |16|

Served with fried onions and mustard

# Moving Mountains plant based hot dog |16| VE

Served with fried onions and mustard

### Vegetable gumbo and rice |16| VE

Louisiana style stew served with savoury rice Upgrade your gumbo with... Beechwood smoked sausage|4| GF Garlic prawns |8| GF

## Fried catch of the day |19|

Locally caught fish fillet dusted with seasoned flour and fried. Served with collard greens and red devil mac 'n' cheese.

## DIY fajitas |18|

Chipotle pulled beef, red onion and peppers, homemade salsa, sour cream and grated cheddar.

### Belly pork |21| GF

Succulent belly pork, butter beans, spinach and almond pesto with roasted new potatoes

## Sides

Chips |4| *GF; VE* Sweet potato fries |5| *GF; VE* Garlic bread |3.5| *VE*  Cheesy garlic bread |4.5| v Onion rings |4| ve Potato salad |4| GF; ve











## **Desserts and Sundaes**

**Chocolate pecan pie |7.5|** *VE* Maple flavoured pecan pie with chocolate chips and cream

**Chocolate brownie |7.5| GF, V** Gooey chocolate brownie with Joe's vanilla ice cream

**Lemon tart |7.5|** v Tangy Sicilian lemon tart in a shortcrust pastry case

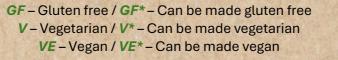
Blackcurrant and prosecco cheesecake [7.5] GF Baked cheesecake with a gluten free base

**Raspberry meringue tartlet |7.5|** *v* Tangy raspberry filling topped with fluffy meringue

## Bara brith sundae |8.5| v

A mix of Joes rum & raisin and vanilla ice cream, Bara Brith pieces, whipped cream and marinaded raisins













## **Kids Menu**

4oz Rump steak |8.50| GF Chicken goujons |7.50| Beef burger |7.50| Bluestone fried chicken burger |7.50| GF\* Fish goujons |7.50| Hot dog |7.50| VE

All above served with choice of chips or roasted new potatoes and peas or baked beans

Mac and cheese |7.50| Add chicken |3|

Grazing platter GF\* Ham or cheese [6.50] Ham and cheese [7.50] Chips, raisins, cucumber, carrot sticks, fresh fruit, bread and butter

# **Desserts and Sundaes**

Bubble yum sundae |6.50| GF Joe's bubble-gum ice cream, Joe's vanilla, jellybeans, and strawberry sauce

### DIY sundae |5.50| GF

Joe's vanilla ice cream, chocolate sauce and assorted sweets

#### Cookie crumble sundae |6.50|

Joe's vanilla ice cream, berries, chocolate chip cookie crumble and whipped cream

Ice Cream |4.50| GF VE\* Joe's vanilla ice cream with sprinkles **Chocolate brownie |5.50| GF** Chocolate sauce, Joe's vanilla ice cream



