



CHARACTER, QUALITY, LOCAL

For far too long we haven't celebrated the nature of our own regional produce, what gives it character, taste and flavour... what makes it great.

Our fresh fruit and vegetables are supplied by Wisebuys of Narberth. Wisebuys has provided Pembrokeshire with the highest quality foodstuffs since 1987. Only stocking the finest local produce, fresh fruit and vegetables, Wisebuys supplies us with a unique range of top quality groceries.

Our meat comes from award-winning Narberth butcher, AJ Rees & Sons which specialises in fresh, quality, locally-sourced meat. Renowned for excellent service and expertly prepared produce, AJ Rees & Sons provides a wide range of meat and fish to over 150 Pembrokeshire businesses.

We buy all our fish and seafood from Mark the Shark, a wholesale mobile fish and seafood merchant based in the bustling harbour town of Milford Haven. A trusted and reputable fishmonger, Mark the Shark supplies a range of fresh fish to businesses all over Pembrokeshire.

All of the ingredients used at Bluestone are sourced from local businesses and suppliers, including Upton Farm foods, Castell Howell, Preseli Gold Sausages and Mary's Farmhouse ice cream to name but a few.



WINTER WARMER SAMPLE MENU

NIBBLES

Marinated Olives (GF) (V)

£2.95

Whitebait and Aioli

£2.50

Pork Crackling (GF)

£2.50

STARTERS

Homemade Soup of the Day

Served with a crusty bread roll

£4.50

Woodland Mushrooms (GF*) (V)

*Toasted farmhouse bread
with creamy garlic mushrooms*

£4.95

Pembrokeshire Tart (V)

*Local goats cheese and roasted red pepper tart
with quince jelly*

£5.95

Farmhouse Chicken Liver Pate

*Homemade chicken liver pate served
with red onion chutney & toasted farmhouse bread*

£5.95

Smoked Chicken Salad (GF)

*Smoked Chicken breast with rocket, watercress salad
and sweet Orange vinaigrette*

£6.50

Fishcakes

*Smoked haddock, caper and parsley cakes
with chilli tartare sauce*

£6.50

Mussels (GF)

*Fresh mussels cooked in a rich tomato
and garlic broth served with crusty bread*

£6.95

KIDDIES CORNER BUFFET SELECTION

(AGES 8 & UNDER)

*Designed for tired Dads & Mums who have
little ones with hungry tumms.*

(Ask your server for more information)

£4.95

YOUNG ADULTS SELECTION

(AGES 9-13)

Chicken & Bacon Pasta

£5.95

Spaghetti Bolognese

£5.95

YOUNG ADULT GRILLS

*Served with onion rings, grilled tomato &
mushroom, homemade chips OR creamy garlic*

Upgrade to Sweet Potato Fries for 50p

6oz Rump Steak £9.95

7oz Horseshoe Gammon £6.95

Chicken Breast £6.95

Sauces:

Farmhouse BBQ | garlic and herb + £1.50 each



WINTER WARMER SAMPLE MENU

PASTA & RISOTTO

Includes a trip to the salad & bread bar

Risotto (GF) (V)

Acorn squash and wild mushroom risotto with mascarpone

£9.50

Roasted Red Pepper, Butterbean & Basil

(GF*) (V)

Rich tomato penne pasta with pepper and butterbeans topped with basil and parmesan

£10.50

Farmhouse Carbonara (GF*)

Home roasted chicken & bacon tagliatelle finished with an egg and parmesan

£11.95

Chilli Prawn Linguine (GF*)

Prawns in a rich tomato sauce with a hint of chilli and garlic

£13.95

GRILLS

Served with onion rings, grilled tomato & mushroom, homemade chips OR creamy garlic

Upgrade to Sweet Potato Fries £1.00

10oz Sirloin of Welsh beef (GF*) £19.95

10oz Rib Eye of Welsh beef (GF*) £19.95

12oz Rump of Welsh beef (GF*) £18.95

12oz Pork Chop (GF*) £13.95

14oz Horseshoe Gammon (GF*) £11.95

Sauces:

Mixed peppercorn | PerLas and port (local blue cheese) garlic and herb | chilli and oregano

£2.50 each

MARKET SPECIALS

See special board for more information

MAINS

Includes a trip to the salad & bread bar plus your choice of potatoes: homemade chips, creamy garlic (*except)*

Upgrade to Sweet Potato Fries £1.00

Farmhouse Burger

Caramelised onion & thyme beef burger with crispy bacon, melted cheese and BBQ sauce

6oz **£10.95***

Big Welly Mac

Our take on a Beef Wellington in a bun: homemade caramelised onion & thyme beef burger with chicken liver parfait, mushrooms and crispy bacon

6oz **£12.95***

**Upgrade your burger to a 12oz for just + £2.50!*

Haven Cod (GF)

Grilled cod fillet with bean, chilli and coriander stew

£12.95

Farmhouse Chicken (GF)

roast chicken marinated in lemon and tarragon

£13.50

Lamb Shank* (GF)

Braised shank of lamb with colcannon and red wine Jus

£14.95

Barbecued Beef Ribs (GF)

Slow cooked beef ribs in farmhouse barbecue sauce

£15.95

SIDES

Homemade Chips £2.75

Sweet Potato Fries £3.50

Battered Onion Rings £2.50

Garlic Bread £2.95

Garlic Bread with Cheese £3.25

Seasonal Vegetables £2.75



WINTER WARMER SAMPLE MENU

DESSERTS

Lemon Posset (GF*)

Served with strawberries and shortbread

£4.95

Pecan Toffee Meringue (GF) (V)

Served with berry compote and whipped cream

£4.95

Brioche Bread and Butter Pudding (V)

Served with homemade custard

£5.50

Pear Crumble Tart (V)

Served with vanilla cream

£5.50

Dark Chocolate Cheesecake (V)

Served with clotted cream

£5.95

ICE CREAM SUNDAES

Cadbury Mania

Soft whipped vanilla ice cream, chocolate sauce, Curly Wurly, Crunchie, Flake with popping candy

£5.95

Baileys Toffee Fudge

Soft whipped vanilla ice cream, crushed fudge, brandy snap & a shot of baileys liqueur

£6.25

Ice cream

Soft whipped vanilla ice cream, chocolate or raspberry sauce plus 100s and 1000s

£2.95



SUNDAY CARVARY SAMPLE MENU

MAINS

Roast Turkey

Roast Topside of Beef

SIDE ORDERS

Buttered Carrots

Cauliflower & Broccoli Cheese

Braised Red Cabbage

Garden Peas

Roast Potatoes

New Potatoes

Yorkshire pudding

Sage & Onion Stuffing

Homemade Gravy

Adult meal £9.95

Children's portion £5.95

NUT AND ALLERGY DISCLAIMER

While the dishes on our menu may not use nuts unless specified they may contain traces of nuts or nut oil. If you have any dietary requirements or allergies please inform one of our staff who will be happy to help Subject to Change.



WINE LIST

WHITE WINE

		Bottle	125ml	250ml
2	Los Vilos Sauvignon Blanc, Valle Central 2013 (Chile) <i>Crisp and fresh with limey fruit, a hint of herbs and a twist of melon. Typically dependable and friendly, and an excellent introduction to Chile.</i>	£16.50	£3.95	£5.95
3	Jean Balmont Chardonnay, Vin de France 2013 (France) <i>A dry, unoaked Chardonnay with hints of tropical fruits a lovely balance and a juicy finish.</i>	£15.50	£3.50	£5.50
4	Wide River Chenin Blanc, Robertson 2013 (South Africa) <i>Clean and bright Chenin Blanc, peppery and aromatic, with tropical fruit flavours of ripe fig and melon backed up with crisp, refreshing acidity. Modern style wine from the fertile Robertson Valley.</i>	£15.95	£3.75	£5.75
5	Moselland Riesling Kabinett 2013 (Germany) <i>Delicate, floral, well-made Kabinett with peach, apple and pear fruit flavours and well balanced, refreshing acidity. This is an excellent value-for-money Riesling from the well-run co-operative at Bernkastel.</i>	£18.95	-	-
6	Viognier, Domaine La Condamine L'Evêque, IGP Côtes de Thongues 2013 (South Africa) <i>Viognier is notoriously difficult to grow and tends to be expensive as a result, but the Bascous have had great success with this wine. Floral nose and intense peach fruit on the palate, what is more, it won't break the bank!</i>	£23.90	-	-

RED WINES

		Bottle	125ml	250ml
11	Paparuda Pinot Noir, Estate Selection 2013 (Romania) <i>Fragrant and fruity Pinot Noir with plenty of ripe red fruits, strawberries and raspberries, fresh and crunchy with hints of spice.</i>	£15.50	£3.50	£5.50
12	Los Vilos Merlot, Valle Central 2013 (Chile) <i>This has lovely plummy Merlot fruit with a ripeness that is so typical of Chile. Easy and very drinkable, this is a pleasing wine for current drinking.</i>	£16.50	£3.95	£5.95
13	Lyrebird Shiraz, South Eastern Australia (Australia) <i>Classic Aussie Shiraz full of ripe plummy fruit flavours with a delicious hint of freshly ground black pepper. Rich and spicy with great character and a smooth finish.</i>	£15.95	£3.75	£5.75
17	Viña Salceda Crianza, Rioja 2010 (Spain) <i>Situated on the border between Rioja Alavesa and Alta, Viña Salceda has produced fine Rioja since 1969. Only the best fruit is used here, aged in oak for 15 months and showing soft fruit and oak aromas with fine tannins.</i>	£23.95	-	-
19	Montepulciano d'Abruzzo DOC, Volupta 2012 (Italy) <i>Good cherry fruit, juicy and substantial. Easy drinking and attractive.</i>	£18.95	-	-



WINE LIST

ROSÉ WINE

	Bottle	125ml	250ml
22 Pinot Grigio Rosé, Provincia di Pavia IGT, Ca' Solare 2013 (Italy) <i>A copper pink rosé from Northern Italy's Pavia region with gently fragrant summer fruits on the nose and delicate strawberry fruit on the palate. Fruitily off-dry.</i>	£16.95	£3.95	£5.95
23 Foxcover White Zinfandel (USA) <i>Coral pink in colour. Delicate and refreshing with soft fruit flavours of strawberries and peaches.</i>	£17.95	-	-

SPARKLING WINES

	Bottle	125ml	200ml
27 Prosecco, Vetrano (Italy) <i>An attractive biscuity nose leads onto a bright fruity palate with hints of pears and melon. An excellent aperitif on its own or with peach juice as a Bellini. Glera is the grape variety, Prosecco is the style of wine.</i>	£19.95	-	-
28 Rosé Vino Frizzante, Veneto, Fabio Ceschin (Italy) <i>From the little known Raboso grape variety, this is a charming rosé full of soft raspberry fruit. On the palate it is light and fresh initially sweet fruited then perfectly balanced with refreshing acidity.</i>	£19.95	-	-
26 Prosecco, Borgo Frare, Frizzante, Treviso (Italy) <i>The Glera grapes for this wine are from the foothills of Conegliano and Valdobbiadene. The result is a gently sparkling wine with lovely peachy fruit, the palate is deliciously juicy with super balance. A great apéritif.</i>	-	-	£5.95

DESSERT WINES

	Half Bottle	125ml	250ml
32 Muscat de St-Jean-de-Minervois - Half (France) <i>From the tiny Southern French village of Saint Jean de Minervois, an unmistakable Muscat. Think of the ripest bunch of raisined grapes squeezed into your glass; deliciously sweet, but not cloying with a kick of lemony acidity.</i>	£12.95	-	-